

# How to Learn About Anyone Using Sun and Moon Signs

by Laura Lee Gabelsberg



# *How to Learn About Anyone Using Sun and Moon Signs*

People are complex and often highly contradictory beings. Understanding fellow humans is no easy task and yet our relationships play such an undeniable part of our daily experience of life. Without healthy relationships, it is challenging to attain any sense of happiness. In my daily life, I am an elementary school teacher, wife, and mother of three. I am also a student of astrology and cosmology. Several years ago, I began using astrology to help me understand my family, friends, students, and colleagues better. I began to consider that astrology may have something positive to offer anyone wanting to build better relationships.

If we want greater happiness through relationships, then we must move toward deeper understanding. Trust, mutual appreciation, acceptance, and respect begin with understanding. This openness to knowing another person enables us to get our own needs met and to work with the shared resources that each relationship brings. The good news is that anyone can gain some helpful insight about another person through studying their Sun/Moon Profile. It is an astrological shorthand to understanding their personal psychology.

It takes a great deal of courage and self-knowledge to enter any kind of relationship, and a willingness to continually grow. In our world today there is an immediate need to negotiate our personal differences. I have found that knowing a little more about the other person I am dealing with helps me navigate towards that greater acceptance.

What follows is intended to be a brief and practical guide for anyone interested in using the sun and moon signs from astrology to understand anyone better. All you really need to know is the other person's birthdate (month/day/year).

For our purposes here, I will assume that you are very new to astrology but willing to give it a try. After you try it, judge for yourself its usefulness to you. In my opinion and experience, stronger relationships are worth every honest effort we can make. My sincere wish is that in some small way, this most basic astrological information might help increase understanding and help reduce conflict and confusion.

Before we get started, here are a few mottos I find helpful.

- 1. Striving to understand fellow humans with loving acceptance is the work of life,** and it is hard work. Devotion towards self-knowledge helps us understand others too. Nothing is ever so simple as a quick fix.
- 2. A human being is more than just a brain.** There is more to us than what we simply know in our minds as facts. I see this all the time in the classroom. The lessons we teach are not only the direct, surface learning of the day. There are multiple, parallel levels of learning happening simultaneously all the time. We have feelings and will. We have ego, and we have soul. We have what some call spirit. Whether you are a Buddhist, Christian, Nihilist, or anything else in between, we humans are more than just our thoughts. We are an energetic mixture of many elements. We often have feelings and impulses that we are not even totally aware of too. In other words, we are not only our thoughts.
- 3. A human being is the greatest mystery there is.** Each of us must choose among life's options for vocation, lifestyle, spouses, and more. Every one of us is given the ultimate task to work with what we are given in life to transform ourselves and our world. Our task is to discover the truth of who we are and why where are here. It helps a lot if we can avoid getting stuck in a state of "being right," or in our habit of defining things. Few things are ever so simple. Open minds learn. I try to use the acronym G.O.D. = which stands for "Get Over Defining." This habit of defining includes too narrowly defining ourselves or others. It helps to look above, below, and all around the surface level and stay open. Astrology is no different. Once we define a person's sun and moon sign, we also must work diligently to get over that simple definition and move beyond the "box." We must continually learn more about the person. We can't just go around pigeon-holing people with simplistic astrological definitions.
- 4. People before things.**  
If we place a high value on our relationships, this devotion can help to steer us along the road of life with less injury to ourselves and our fellow humans. I tell myself that if I mess up or get lost along the way, that caring for myself and others takes patience and love. It is hard work. Forgiving ourselves, forgiving others, and trying again anyway may have to happen daily, hourly, or even minute by minute.

## How to Look Up Sun and Moon Sign

The steps for determining the Sun/Moon Profile are quite simple, it needs very little explanation. All that is needed is the exact birthdate (day/month/year). Unlike a natal birth chart, exact time and place of birth is not required. For every given calendar day, the sun is in a particular sign of the zodiac by a set date range. For the moon sign, an additional reference tool is needed.

The Sun Sign and Moon Sign are then paired together to give the combined Sun/Moon profile.

There are many free websites which can help you look up a person's moon sign when you don't know the exact time of birth, such as <https://cafeastrology.com/whats-my-moon-sign.html>.

Twelve Sun Signs multiplied by twelve possible moon signs, giving 144 possible Sun/Moon combinations. I have prepared a one-page reference sheet for the twelve sun sign descriptions and a one-page sheet in purple for the twelve moon sign descriptions. On the sun signs, just look for the date ranges next to each sign to determine which sign applies to the person's birthdate in question. Then, look up the Moon sign using either the website just provided or an ephemeris and apply it to the person in question.

In most cases the birthdate will be enough to determine moon sign, though in some cases the moon may have been in two signs on the same day. When the moon moves into two signs on the same day, the only way to pinpoint exactly which sign is the correct one is to know the exact time of birth. If you can't ask for this detailed information directly in the given situation, you can simply look at both of those two moon signs and determine which one seems to match the person the best. The very fact that the Moon changed signs on or near their birthday might show something particular about that person having a little of both of those two signs working in their emotional nature.

The sun sign represents that which the person strives to become, or what they hold as their ideal outward expression in life. Often whatever that is, takes a lifetime to refine and develop. The moon sign represents the person's emotional nature, or their way of processing feelings. These two together could be the "heart and soul" combined. The Sun/Moon Profile then is a combined expression of the sense of inner being (Sun) and the feelings (Moon), though I tend to associate someone's sun sign not with their thinking process, but rather their innate, inner expression of being that radiates out like the sun.



♈ Aries Sun Mar 20- Apr 20  
Ram horns, ramming head into opponent. Passionate, action-oriented, independent, forceful, assertive, impulsive, self-willed, pioneering, warrior archetype, confident, act first, think later. Can be seen as abrasive, aggressive.

♉ Taurus Sun Apr 20-May 21  
Bull, solidity, and fertility. Steadfast, earnest, constant, practical. Plodding along, giving life form and form beauty. Packrats, sensual, has interest in other people. Possessive, concerned with resources. Seeks pleasure in taste and touch.

♊ Gemini Sun May 21 – Jun 21  
Twins, recognizing siblings in brotherhood or sisterhood, easy-going but anxious, lives in the moment, free flow. Curiosity, restless by nature, must find a channel for mental energy, language and communication figure prominently, superficiality. Able to move from one subject to the next without feeling too deeply.

♋ Cancer Sun Jun 21 – Jul 22  
Crab, Mother principle, intuition, sensitive, love of homey things, likes to be concealed, feels before thinks, retreats into shell, can self-isolate, attempts to guilt trip, "smothering mother" archetype, likes art and history because of association of traditions and past.

♌ Leo Sun Jul 22 – Aug 23  
Lion, confident, showy, extroverted, flamboyant or strutting, natural leader, magnetic, loves recognition and spotlight. Prideful, arrogant while also being generous. Often needs to learn self-discipline and restraint and watch for vanity, laziness or pride.

♍ Virgo Sun Aug 23 – Sep 23  
Virgin, industrious, helpful, detail-oriented, a meticulous care-taker, organized, precise, perfectionism, critical, pays attention to food, must learn patience with others and see the positive in all situations.

♎ Libra Sun Sep 23 – Oct 23  
Scales, fairness, gentle, likes beauty and harmony, peacemaker, seeks balance, and harmonious surroundings, indecisive, concerned with what is correct, doesn't declare position up front but waits for others to state theirs first, a networker, diplomatic, communicator, will approach problems indirectly.

♏ Scorpio Sun Oct 23 – Nov 22  
Scorpio, intense, secretive, mysterious, manipulative, sensual or sexual, deep-feeling, transformative, defensive, curious about dark side of things, brings dark things to the light. Will need to cultivate self-control. Potential to bring about great healing or great suffering.

♐ Sagittarius Sun Nov 22 – Dec 21  
Impulsive, joyful, adventurous, idealistic, philosophical, visionary, spiritual or religious pursuits. Sagittarius will need to learn prioritizing, self-discipline, being part of a team, and using the spoken word correctly.

♑ Capricorn Sun Dec 21 – Jan 20  
Goat, Father principle, structured, logical, reliability, achievement-oriented, responsible, practical, authoritarian, needs to let go concern for holding on to power or position, needs to lighten up, be less serious.

♒ Aquarius Sun Jan 20 – Feb 19  
Water-Bearer, extroverted, detached friendships, visionary, idealistic, humanitarianism, inventiveness, rebellious against tradition, innovative. Scientific-minded, often sees everyone equally in unity, brotherhood.

♓ Pisces Sun Feb 19 – Mar 20  
Two fishes, imaginative, service-oriented, principle of sacrifice and surrender to the divine, compassionate, artistic, intuitive, victim-complex, likes alone time, extremely perceptive to emotions of others, easily overwhelmed by them at times. Generous in quiet way, often very giving with no thought of return.



### ♈ Aries Moon

Energetic, impulsive, straightforward, quick to act. Likes simplicity and honesty, cannot bear boredom. Often this placement has a "mother complex," or over-dependence on or loss of maternal affection which translates to overexaggerated bravado as he/she relies on own personal outlook. Unpredictable moods, impulsivity, can be inspired poets, musicians, idealists. At their best with new, seed ideas to carry forward with fire and passion. Can be brash, impatient.

### ♉ Taurus Moon

Taurean Moons often find it easy to take pleasure in life, are aware of their own needs, but comfort is key. This moon is exalted and has a feminine quality. There is reliance on ancestors, tradition or culture. There is a sensual quality. Seductive, attractive, charming, magnetic, active imagination. Self-esteem may be expressed through one's possessions. Tendency toward stubbornness and/or overindulgence.

### ♊ Gemini Moon

Urge toward intellectual, interested in manifold social contacts and interests. Social butterfly, tendency toward superficial brilliance because of changeable nature. Needs lots of opportunities to talk and share ideas. There is a need to nurture with words and to be nurtured with words. Humor goes a very long way with Gemini Moons. May need help learning how to label emotions and identify them.

### ♋ Cancer Moon

Lives fully in feelings. Cancer Moons are strong nurturers. This is sign of the mother-principle. Sense of well-being comes from family and home. If hurt, will withdraw into shell, may believe himself to communicate with spirits, finds emotional release from creative arts and writing. Will need to learn to take excellent care of their own daily rhythms and emotional nature through time in nature, time by the water, meditation. Can tend to smother others in relationships. Needs to feel "at home."

### ♌ Leo Moon

Optimistic, personal magnetism, natural sense of timing, instinctual, charming, persuasive, knows how to impress, everything seems possible. Flamboyant self-expression, drama, a need to be treated with a certain amount of royalty or attention. Leo Moon wants to be showered with affection. Leo Moon may feel a natural need to lead others. Can be easily hurt if doesn't receive recognition.

### ♍ Virgo Moon

Nurtured by organization and structure. Tend to feel safe knowing things are tidy, structured, and planned. Can be more affected by synthetic or environmental pollutants. The purity of food, water, and other substances are important to Virgos. Virgos desire to be of service but are often content behind the scenes, making life more comfortable for others. A desire to refine the conditions we live in and experience.

### ♎ Libra Moon

Libran Moons want to uphold justice and balance in social situations and can be easily frayed when surrounded by discord. Libran Moons will tend to find the middle-ground. Wants to work in cooperation with others. Seeks beauty and harmony in physical environment. Librans are naturally graceful in social contexts.

### ♏ Scorpio Moon

Scorpio Moons feel things intensely and this can seem to make them vulnerable, but it is also a great strength. They are aware of the depth of pain in others. They are able to transform it. Scorpio Moons have great potential to heal, possessing instinctual and psychic gifts. There are deep needs for intimacy and emotional honesty. Tendency to confront and to bring truths to light. Tendency to be self-protective or lashing out at others in self-defense.

### ♐ Sagittarius Moon

Sag Moons have innate needs for change and variation. They are most comfortable when roaming the world free, expanding horizons. Love of travel, a gypsy heart. Tendency to be restless when this need is not met. A need to seek truth and broaden horizons through learning. Sagittarius is the sign of the teacher as well as the student. This can also bring a tendency to be fanatical with ideals. Once they've learned "the truth" they tend to believe everyone should believe as they do. Loves challenges.

### ♑ Capricorn Moon

Mastering physical resources and overcoming obstacles. Tendency to look down on others less capable and self-isolate on the mountaintop. This strong earth sign has a tendency to get stuck in the watery world of emotions and fears revealing vulnerabilities. May need to develop empathy and the ability to self-nurture. Recognizes importance of reputation, and will tend towards conservative side.

### ♒ Aquarius Moon

Detached, eccentric, unorthodox, concerned with freedom, or even rebellion from the old. Can thrive in a like-minded group. Able to rise above situations with objectivity. Can often be the "lone wolf" or outsider, or rebel at times, but yet very concerned with the humanitarian impulse of unity through diversity. Attracted to innovation and seeks freedom.

### ♓ Pisces Moon

Soaks up emotional climate like a sponge, will need to learn to recognize emotional reaction from an intuitive reaction and find outlets for this emotional sensitivity. Highly creative and imaginative, the inner artists of the Pisces Moon seeks to understand and form union with the divine. A sensitive romantic, who dearly needs time to withdraw into love, service, nature, art or the spiritual realm or else the need for escape can result in addictions.

## What All Humans Share

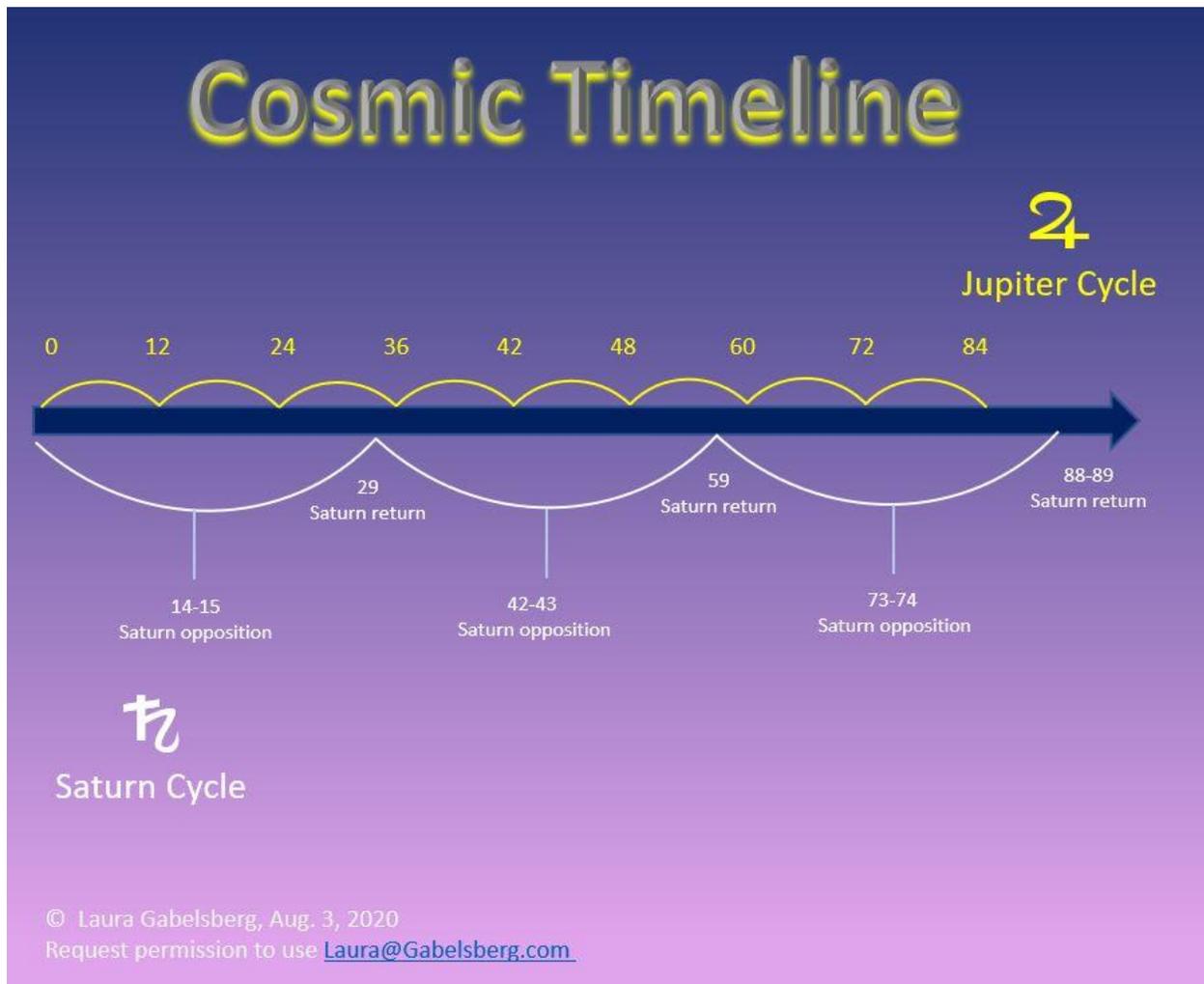
Lastly, I must emphasize that the Sun and Moon are just one piece of a bigger astrological picture. The depth that can be found in a complete natal chart of person which includes all the planets at the time of birth can be studied for a lifetime and still more information can be gleaned.

**What makes us the same is that all humans experience the same planetary cycles in a common timeline of human development.** We share a common story arc in terms of how a human biography unfolds over time. The chronology is the same for all people. Understanding this chronology of the human biography aids us in being able to expect certain external changes at specific periods of life. Therefore, we can accept and learn to respect each person's path through this timeline, even though we may not truly know what the internal experience is like for them. We may also come to accept the impact of external differences such as whether we are born into a life of poverty or wealth, or the specific time, place and other external circumstances surrounding birth, life, and death.

### THE COSMIC TIMELINE of a HUMAN LIFE

- a. 1 month old – First Lunar Return
- b. 1 year old – First Solar Return, of the return of the sun to its degree and sign of your birth. (We celebrate this as our birthday!)
- c. 1.75 to 2 years old – First Mars return (Terrible 2's), Mars has made its first complete pass around the sun back to where it was when you were born, marking that first stubborn streak.
- d. 7 years old – Saturn makes its first square (or 90-degree aspect) to your natal position or has turned  $\frac{1}{4}$  of its path around the sun from where it was when you were born. Child enters academic schooling and encounters the "teacher archetype."
- e. 12 years old – Jupiter Return, often marks the beginning of puberty and the surge of hormones, beginning of the maturation of sexual organs of reproduction, beginning of a new Jupiter period of growth and expansion, beginning of abstract thinking and ability to hold abstract thought.
- f. 14-15 years old - Saturn opposition – Saturn is halfway around the sun from your natal position. Currently, teens often make their first big challenge to authority figures, often typically a parental figure.
- g. 18-19 years old -Jupiter square or  $\frac{3}{4}$  turn from its natal position, indicating a crisis of integration. Moving from the teen years into the societal expectations of coming adulthood, fully integrating the growth process of puberty.
- h. 21-22 years old - Saturn square or  $\frac{3}{4}$  around from Saturn's natal position, continuing integration of the inner authority of the self, also known as the age of birth of the adult ego.
- i. 21 years old - Uranus square natal Uranus – Uranus  $\frac{1}{4}$  turn from its natal position. Crisis of FREEDOM! The ego is born, and greater individuation occurs more fully, emancipation from family of origin, branching out on one's own through moving out, travel, first big job.
- j. 24 years old – 2<sup>nd</sup> Jupiter return, finishing school, going for advanced degrees, marriage, children, again a phase of growth
- k. 28-29 years old - Saturn return, Saturn completes one revolution around the sun and there is a completion and/or a starting over, putting on our adult roles in a new way.

- l. 30 years old – 2<sup>nd</sup> Jupiter cycle is at halfway or opposition
- m. 35-36 years old - Saturn's first quarter, related to our first 7 years of life
- n. 36 years old – Jupiter's 3<sup>rd</sup> return
- o. 39-41 years old - Neptune's completed its first quarter ¼ turn
- p. 40-41 years old - Uranus opposes Uranus – often shows up as “a midlife crisis”
- q. 42-43 years old - Saturn opposes (same as at 14-15) New challenges to authority
- r. 58 years old - second Saturn return, a ripening of one's mastery in field of work or study
- s. Between 60-80 additional cycles of Jupiter/Saturn occur
- t. 80-81 years old - Neptune opposition, Neptune is halfway around the Sun from its natal position
- u. 83-84 years old - Uranus return. Uranus has completed one complete revolution around the Sun from its natal position and the 7<sup>th</sup> Jupiter return occurs.



It is my opinion that acceptance is key to understanding and healthy relationships. We don't have to have the same point of view. Through greater acceptance of our inherent, inner human diversity of experience we can at least coexist. Regardless of the material, external factors, we can learn to honor the plurality of society and individuals may be held in greater freedom. As has been said before by the wise, "We must first seek to understand, and then to be understood."

## Additional Resources

For additional detailed descriptions of the Sun/Moon combinations, you might also consult these resources.

### Books

Sun Sign, Moon Sign Discover the Key to Your Unique Personality through the 144 Sun, Moon Combinations by Charles Harvey & Suzi Harvey

New Astrology for the 21st Century by Suzanne White

### Websites

<http://astrology-numerology.com/sun-moon.html>

To find the moon sign for a given birthdate, look it the date on the following sites:

<https://www.lunarium.co.uk/moon/sign/calculator.jsp>

<https://cafeastrology.com/whats-my-moon-sign.html>

<https://www.starslikeyou.com.au/your-astrology-profile/>

To Find Moon Sign go to

<https://cafeastrology.com/whats-my-moon-sign.html>

© 2021 Laura Lee Gabelsberg

[Eagle Eye Astrology](#)

